

17th Annual Diabetes Management Conference:

## Bridging the Gaps in Diabetes Management

**Friday, May 1, 2015**

Bridger Field House at BB&T Football Field  
499 Deacon Blvd.  
Winston-Salem, NC 27105

*Jointly provided by:*

*Wake Forest School of Medicine and  
Northwest Area Health Education Center (AHEC)  
of Wake Forest School of Medicine and a part of  
the North Carolina AHEC Program.*



**Joslin Diabetes Center**  
*Affiliate at Wake Forest Baptist Health*



**Wake Forest<sup>®</sup>**  
**School of Medicine**

Northwest Area Health Education Center (AHEC)  
Medical Center Boulevard  
Winston-Salem, NC 27157-1060

Register online today at  
**[northwestahec.org](http://northwestahec.org)**

First Class Mail  
US Postage  
**PAID**  
Winston-Salem, NC  
Permit #154

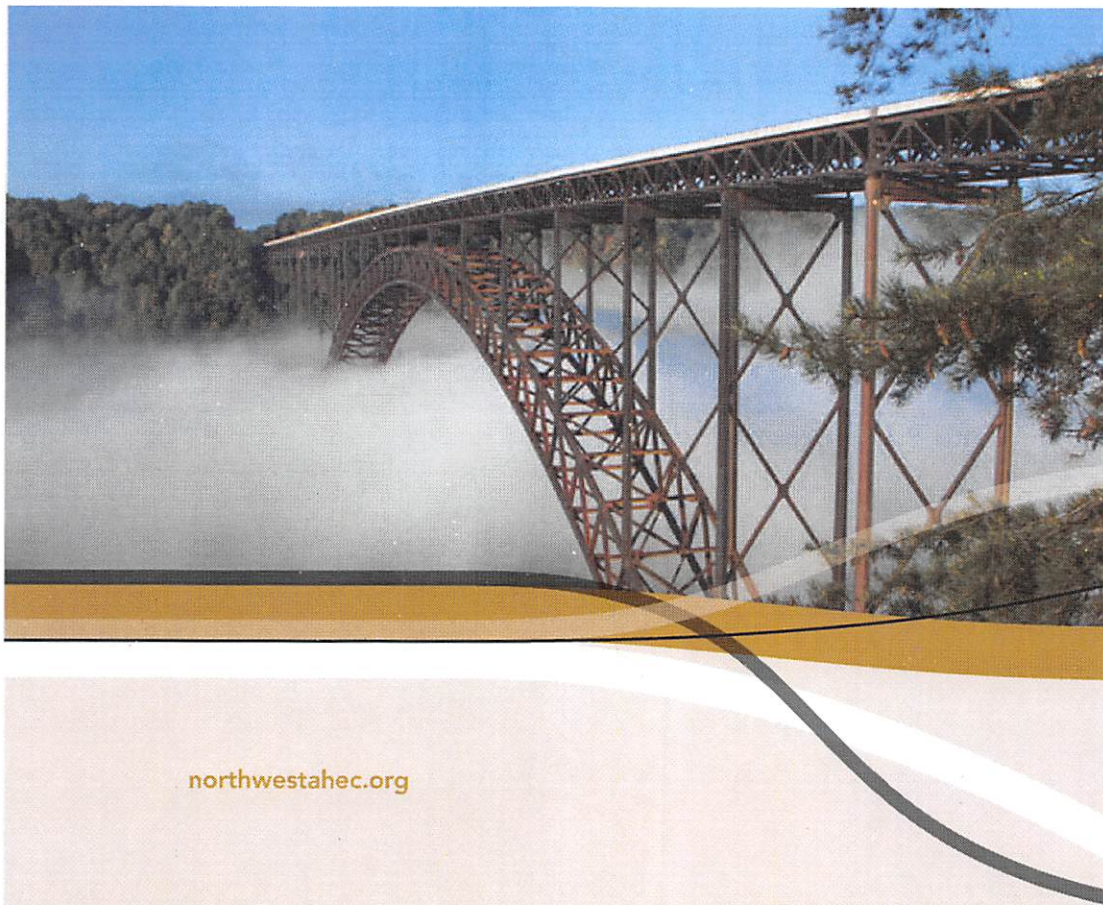
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PLEASE POST

17th Annual Diabetes Management Conference:

## **Bridging the Gaps in Diabetes Management**

**Friday, May 1, 2015 \ 8 am–4:15 pm**

Bridger Field House at BB&T Football Field  
Winston-Salem, N.C.



## 17th Annual Diabetes Management Conference: Bridging the Gaps in Diabetes Management

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Bridger Field House at BB&T Football Field  
499 Deacon Blvd., Winston-Salem, NC

### Target Audience

This activity is planned for physicians, nurses, dietitians, pharmacists, advance practice providers and all other health care professionals in the treatment of diabetes.

### Overview

This knowledge-based activity will help participants recognize diabetes management strategies regarding gastrointestinal issues, living longer with type 1 diabetes, motivational approaches for behavior modification, medication innovations and new insulin advances. A review of the literature and relevant diabetes interventions in North Carolina will also be presented.

### Objectives

**Upon completion of this program, participants will be better able to:**

- Assess gastroenteropathy, gastroparesis and glycemia issues for patients with diabetes.
- Discuss safely incorporating activity, transition of care and living longer with diabetes.
- List the elements to motivate change through behavior modification in a patient with diabetes.
- Review new pharmacotherapy options that have entered the U.S. market.
- Identify recent clinical trials data and the components of closed-loop systems to deliver insulin.
- Discuss and identify compelling topics in the literature and in North Carolina related to diabetes.



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### CONFLICT OF INTEREST POLICY:

It is the policy of Wake Forest School of Medicine to require disclosure of any significant financial interest or any other relationship a faculty member or a planning committee member has with the manufacturer(s) of any commercial products or services discussed in an educational presentation. This information can be found in the materials distributed at the meeting.



## Credit

- 6.0 Contact Hours from Northwest AHEC
- This activity is acceptable for 0.6 CEUs
- 6.0 Contact Hours for Registered Dietitians through the Commission on Dietetic Registration.
- 6.0 Continuing Nursing Education (CNE) Contact Hours

Northwest Area Health Education Center (NWAHEC) is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (#AP006-150501)

Participants must attend the entire activity and complete the online evaluation to receive credit. NO partial credit will be awarded.

2.0 Pharmatherapeutic Hours for NPs and CNSs

- This knowledge-based program will provide a total of 6.0 contact hours of continuing pharmacy education credit.



The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

ACPE 0046-9999-15-003-L01-P

Jointly provided by:

Northwest Area Health Education Center (AHEC) of Wake Forest School of Medicine and part of the North Carolina AHEC Program and the University of North Carolina Eshelman School of Pharmacy.



THE UNIVERSITY  
of NORTH CAROLINA  
at CHAPEL HILL



**Important new requirement** from the Accreditation Council for Pharmacy Education (ACPE) and the National Association of Boards of Pharmacy (NABP) for all pharmacists and technicians who obtain CPE credit. The CPE Monitor system will securely track all your completed CPE credits in a central system. Learn about the new requirement at:

**[www.nabp.com](http://www.nabp.com)**

**REGISTER AND PAY ONLINE AT [NORTHWESTAHEC.ORG](http://NORTHWESTAHEC.ORG)**

## Location

Bridger Field House (BB&T Field/Wake Forest Football Stadium)  
499 Deacon Blvd., Winston-Salem, NC 27105

**Friday, May 1, 2015**

**Registration:** 7:30 am

**Program:** 8 am – 4:15 pm

### Directions:

#### **From Greensboro, Raleigh, Durham:**

Take I-40 west to Winston-Salem. Just past the Sandy Ridge Road exit, I-40 will split, stay right on Business 40 into downtown Winston-Salem. Continue Business 40 and take exit 5C—Cherry Street. Turn right off the exit ramp,

onto Cherry Street, south. Cherry Street will turn into University Parkway. Take a right onto Deacon Boulevard. Turn left in front of the Deacon Tower building onto Piccolo Drive. Take first right into Gold Lot, Bridger Field House will be on the right. Park to the left in Gold Lot.

**From Charlotte (I-85):** Take I-85 north. Take exit 87/U.S. 52 north. Continue U.S. 52 north into downtown Winston-Salem. Take Business 40 west and take exit 5C—Cherry Street. Turn right off the exit ramp, onto Cherry Street, south. Cherry Street will turn into University Parkway. Take a right onto Deacon Boulevard. Turn left in front of the Deacon Tower building onto Piccolo Drive. Take first right into Gold Lot, Bridger Field House will be on the right. Park to the left in Gold Lot.

**From Boone:** Take Highway 421 south to Winston-Salem. Highway 421 will turn into Business 40 east. Continue Business 40 east into downtown Winston-Salem and take exit 5C—Cherry Street/Convention Center. Turn left off the exit ramp and go through the stop light at Marshall Street. Merge left onto Cherry Street, south. Cherry Street will turn into University Parkway. Take a right onto Deacon Boulevard. Turn left in front of the Deacon Tower building onto Piccolo Drive. Take first right into Gold Lot, Bridger Field House will be on the right. Park to the left in Gold Lot.



## Lodging

Courtyard Winston-Salem University—Marriott  
3111 University Parkway, Winston-Salem, NC 27105  
336-727-1277

[www.marriott.com](http://www.marriott.com)

The Courtyard Winston-Salem University—Marriott is providing overnight accommodations at the state rate. Participants and speakers can make reservations online and receive the discount using a special reservation code. The code is 5NW. This code goes under "Corporate/Promotional Code" when reserving online.

## Faculty

**Joseph Aloï, MD**

Section Chief and Professor  
Endocrinology and Metabolism  
Wake Forest Baptist Health

**Ronny Bell, PhD, MS**

Professor, Division of Public Health Sciences  
Department of Epidemiology and Prevention  
Director  
Maya Angelou Center for Health Equity  
Wake Forest School of Medicine

**Cathrine Constantacos, MD**

Assistant Professor  
Pediatrics, Endocrinology  
Wake Forest Baptist Health

**Jorge Calles-Escandon, MD**

Division Director  
Department of Endocrinology  
MetroHealth Medical Center  
Cleveland, Ohio

**Tracy Everhart, RN, BSN, CDE**

Diabetes Education Coordinator  
Joslin Diabetes Center  
Wake Forest Baptist Health

**Julienne Kirk, PharmD, BCPS, CDE**

Professor  
Family and Community Medicine  
Joslin Diabetes Center  
Wake Forest Baptist Health

**Tom Martin, PharmD, BCPS, CDE**

Network Clinical Pharmacist  
Community Care of N.C.  
Charlotte, N.C.

## Cost and Registration

\$115—Early registration fee, if received by April 17, 2015

\$135—If received after April 17, 2015

**Registration fee** includes instructional and administrative costs, continental breakfast and lunch.

**Register and pay online at [northwestahec.org](http://northwestahec.org)** or complete and return the attached registration form by mail or fax. Payment by credit card (Visa, MasterCard, American Express), cash, money order, personal check or corporate check is accepted.

**Payment Policy**—Payment is required on or before entrance into any Northwest AHEC activity. If a corporate payment has not been received prior to the activity start date, you will be required to provide a personal credit card or check. If the corporate payment has not been received two weeks post activity, your personal credit card or check will be charged or cashed. To avoid personal payment, you should check with the financial staff at your organization to determine status of payment.

**Refund Policy**—Cancellations received in our office up to two days prior to the activity will result in a charge of \$50, or 30 percent of the paid registration fee, whichever is less. Cancellations received less than two days before the activity will not be refunded. You may send a substitute in your place.

**Note**—If you have not received confirmation of your registration 24 hours before the program date, please call Lisa Maurer at 336-713-7715 or email [emaurer@wakehealth.edu](mailto:emaurer@wakehealth.edu) to verify the status of your registration.



# Agenda

Friday, May 1, 2015

**Moderator: Cathrine Constantacos, MD**

- 7:30 am **Registration/Continental Breakfast/Exhibits**
- 8 am **Welcome and Opening Comments**  
Tracy Everhart, RN, BSN, CDE
- 8:15 am **Diabetes Complications—Beyond the Obvious**  
Jorge Calles-Escandon, MD
- 9:15 am **Overcoming Type 1 Diabetes Challenges Throughout the Lifespan**  
Joseph Aloj, MD
- 10:15 am **Break and Exhibits**
- 10:45 am **Motivating Change Through Behavior Modifications—Getting People To Do What They Don't Want To Do**  
Tom Martin, PharmD, BCPS, CDE
- 11:45 am **Lunch and Exhibits**
- 1 pm **Diabetes Medications—What's New and Improved**  
Julienne Kirk, PharmD, BCPS, CDE
- 2 pm **Closed-loop Systems to Deliver Insulin—An Update**  
Jorge Calles-Escandon, MD
- 3 pm **Break**
- 3:15 pm **Diabetes Pearls of 2014–2015**  
Ronny Bell, PhD
- 4:15 pm **Adjourn**

## Handouts

Handouts will not be printed for this activity. Handouts will be available online at the Web address below on Monday, April 27, 2015, after 4 pm. Login under "My CE Profile," and click on this event title. You may access handouts for up to two weeks following the conclusion of this activity.

► [www.nwahec.org/43798](http://www.nwahec.org/43798)

## For More Information and Assistance

If you have questions about registering for this activity or need auxiliary aids or special services to attend, please contact Lisa Maurer at least five working days prior to the activity by calling 336-713-7715 or email [emaurer@wakehealth.edu](mailto:emaurer@wakehealth.edu).

# Registration Form

17th Annual Diabetes Management Conference

REGISTER AND PAY ONLINE AT NORTHWESTAHEC.ORG

**Registration Fee:**

\$115—Early registration fee, if received by April 17, 2015

\$135—If received after April 17, 2015

Name \_\_\_\_\_

Profession \_\_\_\_\_ Degree \_\_\_\_\_

Job Title \_\_\_\_\_

Last Four Digits of Social Security # (required) \_\_\_\_\_

Employer Name \_\_\_\_\_

**Contact Method:** ☐ Mail Only ☐ Email Only ☐ Both

**Mailing Address:** ☐ Home ☐ Work

Street \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ County \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

**Email Addresses:**

Work \_\_\_\_\_ Home \_\_\_\_\_

**Payment Method:**

☐ Check Enclosed Check No. \_\_\_\_\_ Amount Enclosed \$ \_\_\_\_\_  
(Make check payable to "Wake Forest School of Medicine")

☐ Credit Card (select one): ☐ Visa ☐ MC ☐ AmEx

Name as it Appears on Card \_\_\_\_\_

Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

Credit Card Billing Address \_\_\_\_\_

Cardholder Signature \_\_\_\_\_

**Mail completed form to:**

Northwest AHEC \ Wake Forest School of Medicine

Attention: Lisa Maurer

Medical Center Boulevard, Winston-Salem, NC 27157-1060

or fax to: 336-713-7701

*Please share this information with a colleague.*

**ACPE Credit** (Pharmacy only)

NABP # \_\_\_\_\_

Pin (mmdd of birthday) \_\_\_\_\_